

Rubbed puff pastry

Cuisine: **Czech**

Food category: **Breakfast**



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Program steps

1	Hot air	0 %	Termination by time	00:30 hh:mm	180 °C	100 %	
2	Hot air	100 %	Termination by time	00:35 hh:mm	165 °C	100 %	

Ingredients - number of portions - 12

Name	Value	Unit
caster sugar	1.1	kg
vanilla sugar	0.04	kg
plain wheat flour	2	kg
chicken eggs	0.8	kg
baking powder	0.06	kg
whole milk powder	0.12	kg
water	1.14	l
5 tbsp vegetable oil	1	kg
raisins	0.32	kg
cornstarch	0.16	kg
lemon peel	0.1	kg
powdered sugar	0.04	kg
vanilla sugar	0.02	kg
5 tbsp vegetable oil	0.08	l
plain wheat flour	0.1	kg

Directions

Rub the slightly warmed fat together with the sugar in the bowl of the whisk and slowly pour in the egg and milk mixture while constantly whisking. Then add vanilla sugar and lemon zest. Separately, sift flour, starch and baking powder into a bowl, add raisins and mix the mixture again. Mix the resulting mixture slowly at a lower speed until a perfect consistency.

Divide the mass evenly into oiled molds and dusted with plain flour, place in a preheated combi oven and bake until golden.

Nutrition and allergens

Allergens: 1, 3, 7

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

Vitamins: A, B, C, D, E, K, Kyselina listová

Nutritional value of one portion		Value
Energy	2085.5	kJ
Carbohydrate	269.1	g
Fat	97	g
Protein	31.3	g
Water	0	g

Recommended accessories



Perforated aluminium sheet, teflon coated