

Cooked potatoes

Cuisine: **Czech**

Food category: **Side dishes**



Author: **Vlastimil Jaša**

Company: **Retigo**



Program steps

1 Steaming

Termination by time

00:30 hh:mm

99 °C

50 %



Ingredients - number of portions - 10

Name	Value	Unit
potatoes	2	kg
salt	0.04	kg

Directions

Rinse the cleaned potatoes under running water, pour them into 100 mm high Perforated GNs, salt them well and place them in the combi oven.

Nutrition and allergens

Allergens:

Minerals: Ca, Cu, Fe, I, K, Mg, Mn, P, Zn

Vitamins: B, C

Nutritional value of one portion	Value
Energy	176 kJ
Carbohydrate	38 g
Fat	0.4 g
Protein	4 g
Water	0 g

Recommended accessories



GN container Stainless steel perforated