

# Cooked potatoes

Cuisine: Czech

Food category: Side dishes



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## Program steps

1 Steaming Termination by time 00:30 hh:mm 99 °C + 50 %

## Ingredients - number of portions - 10

Name	Value	Unit
potatoes	2	kg
salt	0.04	kg

## Nutrition and allergens

Allergens:

Minerals: Ca, Cu, Fe, I, K, Mg, Mn, P, Zn

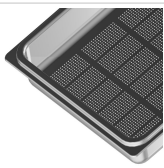
Vitamins: B, C

Nutritional value of one portion	Value
Energy	176 kJ
Carbohydrate	38 g
Fat	0.4 g
Protein	4 g
Water	0 g

## Directions

Rinse the cleaned potatoes under running water, pour them into 100 mm high Perforated GNs, salt them well and place them in the combi oven.

## Recommended accessories



GN container Stainless steel perforated