

Cooked potatoes

Cuisine: **Czech**
Food category: **Side dishes**



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Program steps

1

Steaming

Termination by time

00:30 hh:mm

99 °C

50 %

Ingredients - number of portions - 10		
Name	Value	Unit
potatoes	2	kg
salt	0.04	kg

Nutrition and allergens	
Allergens:	
Minerals: Ca, Cu, Fe, I, K, Mg, Mn, P, Zn	
Vitamins: B, C	
Nutritional value of one portion	Value
Energy	176 kJ
Carbohydrate	38 g
Fat	0.4 g
Protein	4 g
Water	0 g

Directions

Rinse the cleaned potatoes under running water, pour them into 100 mm high Perforated GNs, salt them well and place them in the combi oven.

Recommended accessories

GN container Stainless steel perforated