

Fritters with rum foam and fresh fruit

Cuisine: **Czech**Food category: **Desserts**

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 Company: **Retigo**



Program steps

Preheating: **190 °C**

1	Hot air	100 %	Termination by time	00:06 hh:mm	175 °C	100 %	
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Ingredients - number of portions - 10

Name	Value	Unit
plain wheat flour	0.5	kg
milk 3.5%	0.5	l
sparkling water	0.5	l
chicken eggs	4	pcs
baking powder	1	pcs
powdered sugar	0.05	kg
cinnamon	0	kg
strawberries	0.25	kg
water	0.1	l
rum	0.1	l
vanilla bean	1	pcs
whipped cream 33%	0.7	l
gelatin	0.01	kg

Directions

Beat the yolks with sugar, milk, mineral water and flour mixed with baking powder. Mix in the whipped snow from the egg whites and at room temperature let rise to temperature.

We put the pancake dough on the greased Vision Snack gastro container. In the combi oven, select the "Fries" program, let it preheat and put it in the combi oven.

Espuma - in a pot with water, rum and a chopped vanilla pod, we prepare a concoction - reduction.

Pour the cream through a fine sieve into the cooled and strained reduction and add the gelatin. Pour into the Espuma Whippa, whisk and leave in the fridge for at least 2 hours.

We serve fritters decorated with rum espuma, fruit to taste and a leaf mint.

Nutrition and allergens

Allergens: 1, 3, 7

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

Vitamins: A, B, C, Cholin, D, E, K, Kyselina listová

Nutritional value of one portion	Value
Energy	209.3 kJ
Carbohydrate	42.9 g
Fat	1.1 g
Protein	6.5 g
Water	0 g

Recommended accessories



Vision Snack