Chocolate fudge

Cuisine: **French** Food category: **Desserts**



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Program steps

| Pr | eheating: | 190 °C | | | | | |
|----|--------------------|--------|---------------------|-----------------------|--------------|----------------------|------------|
| 1 | *** Hot air | | → 100 % | O Termination by time | 300:07 hh:mm | ₿ ≎ 170 °C | ↔ 100 % |

Ingredients - number of portions - 5

| Name | Value | Unit |
|-------------------|-------|------|
| chocolate 80% | 100 | g |
| butter soft | 100 | g |
| chicken eggs | 1 | pcs |
| egg yolk | 2 | pcs |
| plain wheat flour | 50 | g |
| caster sugar | 80 | g |

Nutrition and allergens

Allergens: 1, 3, 7

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn Vitamins: A, B, C, D, E, K, Kyselina listová

| Nutritional value of one portion | Value |
|----------------------------------|-------------|
| Energy | 358.2 kJ |
| Carbohydrate | 28 g |
| Fat | 25.4 g |
| Protein | 3.2 g |
| Water | 0 g |

Directions

Melt the chocolate together with the butter in a water bath and let it cool for 10 minutes.

Beat the eggs and sugar slowly until the sugar dissolves. (TIP: We don't want white foam, so we whip slowly). Mix both ingredients and add flour.

The resulting dough will keep refrigerated for 5 days.

It can be stored directly in baking tins in the fridge or in a pastry bag in the fridge.

Each mold is a different size, but when the fondant cracks on the surface during baking, it's done.