

Hamburger patty, TK 180g and 62.5g

Cuisine: **Other**Food category: **Beef**Author: **Kai Hansow**Company: **Energie Erlebniszentrum Ostfriesland**

Program steps

1	Combination	7 %	Termination by time	02:25 mm:ss	220 °C	80 %	
2	Bitte Hamburger wenden						
	Pause			45 s			
3	Combination	7 %	Termination by time	02:25 mm:ss	220 °C	80 %	

Ingredients - number of portions - 0

Name	Value	Unit
Hamburger patty	1	pcs

Nutrition and allergens

Allergens: Contains beef, possible dairy and wheat based on preparation

Minerals: Iron, Zinc

Vitamins: B12, B6

Nutritional value of one portion	Value
Energy	0 kJ
Carbohydrate	0 g
Fat	0 g
Protein	0 g
Water	0 g

Directions

Preheat the grill grate.

Cook the patty on the grill grate for 2:25 min.

Turn over.

Cook again for 2:25 min.

Recommended accessories



Vision Grill Diagonal