Retigo Combionline | Cookbook | Fish 26. 12. 2024

# Grilled oyster with spice brown butter

Cuisine: Japanese Food category: Fish

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## Program steps

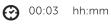
Preheating:

260 °C

**SSO** Combination













| Ingredients - | - number | of portions | - 10 |
|---------------|----------|-------------|------|

| Name    | Value | Unit |
|---------|-------|------|
| Oyster  | 1     | kg   |
| Butter  | 300   | g    |
| garlic  | 20    | g    |
| shallot | 10    | g    |
| thyme   | 3     | g    |

### Nutrition and allergens

Allergens:

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

Vitamins: A, B, C, E

| Nutritional value of one portion | Value       |
|----------------------------------|-------------|
| Energy                           | 903.1<br>kJ |
| Carbohydrate                     | 0.8 g       |
| Fat                              | 24 g        |
| Protein                          | 0.6 g       |
| Water                            | 0 g         |

#### Directions

- 1.Cook down the butter, garlic, shallot, and add some thyme until brown is mostly cooked out. Set to the side.
- 2. Shucking the oysters then added the spice brown butter.
- 3. Layed the oysters on classic GN full stainless steel and preheat the combi.
- 4. Combination mode to grill it around 3 mins with 240°C.
- 5. High temperature grill oyster can cook as soon as possible to avoid lossing seafood water and reducing seafood flavor.

#### Recommended accessories



