Retigo Combionline | Cookbook | Fish 26, 12, 2024

Grilled oyster with spice brown butter

Cuisine: **Japanese** Food category: **Fish**

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Ingredients - number of portions - 10

Name	Value	Unit
Oyster	1	kg
Butter	300	g
garlic	20	g
shallot	10	g
thyme	3	g

Nutrition and allergens

Allergens:

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

Vitamins: A, B, C, E

Nutritional value of one portion	Value
Energy	903.1 kJ
Carbohydrate	0.8 g
Fat	24 g
Protein	0.6 g
Water	0 g

Directions

- 1.Cook down the butter, garlic, shallot, and add some thyme until brown is mostly cooked out. Set to the side.
- 2. Shucking the oysters then added the spice brown butter.
- 3. Layed the oysters on classic GN full stainless steel and preheat the combi.
- 4. Combination mode to grill it around 3 mins with 240°C.
- 5. High temperature grill oyster can cook as soon as possible to avoid lossing seafood water and reducing seafood flavor.

Recommended accessories



