


French Fries

Cuisine: English
Food category: Other



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Company: [Retigo](#)





Program steps


Preheating:


245 °C


1


 Hot air


 0 %

 Termination by time

 00:05 hh:mm

 220 °C

 100 %



Ingredients - number of portions - 6

Name	Value	Unit
french fries	500	kg

Nutrition and allergens

Allergens: Minerals: Vitamins:	
Nutritional value of one portion	Value
Energy	229166.7 kJ
Carbohydrate	29166.7 g
Fat	10000 g
Protein	3333.3 g
Water	0 g

Directions

Place the de frosted fries onto the Vision Frit tray and place into the pre heated oven and cook.

Recommended accessories



Vision Frit