

Rhubarb tray bake with cottage cheese and lemon zest

Cuisine: Czech
Food category: Desserts



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Company: Retigo





Program steps


Preheating: 190 °C


1


 Hot air


 0 %

 Termination by time

 00:30 hh:mm

 175 °C

 100 %



| Ingredients - number of portions - 10 | | |
|---------------------------------------|-------|------|
| Name | Value | Unit |
| chicken eggs | 3 | pcs |
| cane sugar | 200 | ml |
| milk 3.5% | 200 | ml |
| 5 tbsp vegetable oil | 200 | ml |
| semi-coarse wheat flour | 400 | g |
| baking powder | 1 | pcs |
| strawberries | 125 | g |
| rhubarb | 125 | g |
| butter soft | 50 | g |

| Baby girl | | |
|-------------|-------|------|
| Name | Value | Unit |
| butter soft | 120 | g |

| Filling | | |
|------------|-------|------|
| Name | Value | Unit |
| soft curds | 250 | g |
| lemon peel | 1 | pcs |

| Nutrition and allergens | |
|--|--|
| Allergens: 1, 3, 7 | |
| Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn | |
| Vitamins: A, B, C, Cholin, D, E, K, Kyselina listová | |

Directions

Beat the eggs with the sugar with a hand mixer. Then gradually whisk in the other liquid ingredients. Add the loose ingredients and beat them thoroughly (you don't have to use a whisk, just a wooden spoon, but be careful not to leave lumps in the dough). Grease the baking sheet with butter and sprinkle with breadcrumbs, coconut or coarse flour. Preheat the oven to 190 °C.

Put a teaspoon of cottage cheese on the dough and sprinkle with strawberries and peeled rhubarb cut into small pieces.

In a small bowl, use your fingers to crumbly mix the ingredients to form lumps. Sprinkle with breadcrumbs and bake for about 30 minutes until golden. Cut it when it's cold.

| Nutritional value of one portion | Value |
|----------------------------------|----------|
| Energy | 292.9 kJ |
| Carbohydrate | 32.2 g |
| Fat | 14.7 g |
| Protein | 7.3 g |
| Water | 0 g |

Recommended accessories



Enameled GN container