

Low-Cook Pork Shoulder

Cuisine: Chinese
Food category: Pork



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Program steps

Preheating: 75 °C

1	Steaming		Termination by time	20:00	hh:mm	60	°C	80	%		
2	Combination	30	%	Termination by time	01:30	hh:mm	125	°C	90	%	

Ingredients - number of portions - 10

Name	Value	Unit
boneless pork shoulder	3	kg

Name	Value	Unit
onion powder	30	g
brown sugar	30	g
garlic powder	30	g
ground smoked paprika	30	g
mustard powder	30	g
sea-salt	10	g
monosodium glutamate	10	g
dried thyme	30	g
RO water	4500	ml
smoky salt	100	g
smoke liquid	200	ml

Nutrition and allergens

Allergens:
Minerals: Fe
Vitamins: B

Nutritional value of one portion	Value
Energy	475.1 kJ
Carbohydrate	14.8 g
Fat	16.1 g
Protein	65.7 g
Water	0 g

Directions

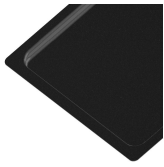
The first stage

- ◇ Dry the pork shoulder to keep it dry, soak and inject homemade smoked spice brine for 24 hours
- ◇ 3kg of pork shoulder must be salted and brine injected into the meat so that the pork shoulder is tasty inside and out
- ◇ After soaking in brine for 24 hours, wipe off the water, rub the smoked liquid on the surface, vacuum pack and cook at low temperature for 24 hours

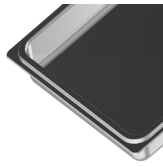
second stage

- ◇ After the low-temperature cooking is completed, wipe off the water, rub the smoked liquid on the surface, and then evenly spread Western-style comprehensive spices
- ◇ Humidity 30%, steaming and baking at 125°C for 1.5 hours, to achieve the effect of crispy spices on the outside and tender inside
- ◇ Two-stage long-time cooking, vacuum cooking and low-temperature steaming and roasting, the effect of large pieces of pork is good, and a variety of techniques are applied

Recommended accessories



Vision Bake



GN container Stainless
steel full



Enameled GN container