

Yakitori

Cuisine: **Chinese**

Food category: **Beef**

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 Company: Retigo Asia



Program steps

Preheating: **265 °C**

1	 Combination	 30 %	 Termination by time	 02:30 mm:ss	 250 °C	 90 %	
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Ingredients - number of portions - 10

Name	Value	Unit
duck skeleton	300	g

seasoning recipe

Name	Value	Unit
sea-salt	5	g
freshly ground black pepper, ground	5	g
flax oil	10	ml

Nutrition and allergens

Allergens:

Minerals: Mg

Vitamins: B6, C, K

Nutritional value of one portion	Value
Energy	66.8 kJ
Carbohydrate	0.2 g
Fat	4.8 g
Protein	5.8 g
Water	0 g

Directions

- *Beef short ribs (cut into dice, 2 cm thick)
- ◊ It is recommended to soak in water and drain when using wooden skewers, but not to use iron skewers
- ◊ Drain the beef short ribs, bell peppers, and scallions, and cut them into pieces suitable for meat skewers
- ◊ Beef short ribs, sweet peppers, scallions and other ingredients, taste the original flavor without seasoning and marinating
- ◊ It is recommended to use a branded baking tray to preheat the baking tray for 5 minutes
- ◊ The preheated baking tray is hot enough, and the ingredients are lightly pressed, and the effect is fast

Recommended accessories



Vision Grill Diagonal



Vision Grill



Vision Bake



Vision Express Grill