Retigo Combionline | Cookbook | Pork 11. 4. 2023

Hakka Salted Pork

Cuisine: Chinese Food category: Pork





Program steps

Preheating:

215 °C

Combination

30



Termination by time



(9 08:00



∄\$ 200







Ingredients - number of portions - 10

Name	Value	Unit
pork belly	1	kg

Name	Value	Unit
sugar	50	g
white wine vinegar	50	g
minced garlic	100	g
Salt	15	g
allspice	5	g
ground white pepper	20	g
rice wine	30	ml
whole black pepper	20	g

Directions

- ♦ Cut the pork belly into about 350g each, absorb the water, remove the fishy smell with the rice wine and dry it
- ♦ Mix vinegar, sugar and minced garlic evenly and make it into dipping sauce
- ♦ Mix all the other seasonings and spread evenly on the sliced pork belly
- ♦ Marinate in the fresh-keeping box for 3 days, scrape off the marinade on the surface and return to room temperature before use ♦ Use a flat net to drain the lard easily, and fry evenly on the surface of the baking tray for coloring

Nutrition and allergens

Allergens: Minerals: Vitamins:

Nutritional value of one portion	Value
Energy	398.6 kJ
Carbohydrate	9.2 g
Fat	33.5 g
Protein	14.3 g
Water	0 g

Recommended accessories







GN container Stainless steel full

