

Grilled Buttered Lobster

Cuisine: Chinese

Food category: Fish



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Company: Retigo Asia



Program steps

Preheating: 265 °C

1 Combination 30 % Termination by time 05:00 mm:ss 250 °C 90 %

Ingredients - number of portions - 1

Name	Value	Unit
lobsters	350	g

Nutrition and allergens

Allergens:

Minerals:

Vitamins:

Nutritional value of one portion	Value
Energy	290.5 kJ
Carbohydrate	1.9 g
Fat	3.5 g
Protein	59.5 g
Water	0 g

Directions

*Boston lobster (half)

◇ Spice cream is made in advance

◇ Before baking, the surface is coated with spiced butter, and it is cooked directly on a grill pan

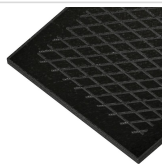
◇ There is no need to preheat the baking pan, and the baking effect can be directly achieved at 250°C

◇ Spread spice cream before cooking and after baking to avoid surface dryness and increase flavor

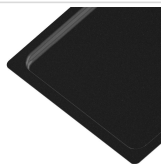
Recommended accessories



Vision Grill Diagonal



Vision Grill



Vision Bake



Vision Express Grill