Retigo Combionline | Cookbook | **Poultry** 10. 4. 2023

Herb Baked Chicken Thighs QSR

Cuisine: Chinese

Food category: **Poultry**



Author: Gary CHIU

Company: Retigo Asia



Program steps

Preheating:	210 °C

1	(Sin) Combination	^ 100	Termination by time	(2) 15:00 mm:ss	₿ ≎ 195	+ 90 % X
2	(Sp) Combination	^ 100 %	Termination by time	(2) 13:00 mm:ss	8 ≎ 190 °C	→ 90 % X
3	\$\$\$ Hot air	 0 %	Termination by time	⊘ 05:00 mm:ss	₿ \$ 200 °C	→ 70 % X

Ingredients - number of portions - 56

Name	Value	Unit
chicken legs	280	g

Nutrition and allergens

Allergens:

Minerals:

Vitamins:

Nutritional value of one portion	Value
Energy	7.9 kJ
Carbohydrate	0 g
Fat	0.5 g
Protein	1 g
Water	0 g

Directions

- $\sqrt{}$ The first stage
- \diamondsuit Preheating and steaming at 210°C, open the door to lose temperature, increase by 15°C
- \diamondsuit This parameter is for high-temperature roasting, the recipe does not use sauce, sugar, sauce color
- \diamondsuit Made of 1/1GN stainless steel flat mesh, 7 trays and 56 bone legs
- √ The second stage
- ♦ High temperature steaming and roasting at 195°C, fast cooking and ripening chicken protein
- \diamondsuit Made with 7 stainless steel flat screens and 56 roasted chicken legs
- ♦ Program time cooking, chicken drumsticks must be completely defrosted
- √ The third stage
- ♦ In the third stage, the cooking temperature is lowered and steamed at 190°C for 13 minutes
- ♦ Continuous cooking and heating, ripening chicken thighs and maintaining moisture
- ♦ The grilled chicken legs use the flat mesh hot air to circulate evenly and heat quickly
- √ The fourth stage
- \diamondsuit In the fourth stage, the cooking temperature is raised and dry baked at 200°C for 5 minutes
- ♦ Convert to dry roasting, the dehumidification valve quickly discharges the moisture in the oven

 \diamondsuit In the final stage, the temperature is increased, and the color is quickly colored to achieve a crisp effect

Recommended accessories

