Taiwanese Style Ribs

Cuisine: **Chinese** Food category: **Pork**



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Program steps

Pr	eheating:	265 °C													
1	See Combin	ation	٥	30	%	<i>B</i> Termination by core probe	M 80	°C	8≎	250		-}-	100	X	
						temperature					°C		%		

Ingredients - number of portions - 3

Name	Value	Unit
pork chop	2	kg

Seasoning recipe

Name	Value	Unit
soy dipping sauce	100	ml
water	200	ml
rice wine	100	ml
rice wine	40	ml
ground white pepper	10	g
allspice	5	g
caster sugar	90	g
soy dipping sauce	20	ml
cornstarch	20	g
squash powder	10	g
olive oil	50	ml

Nutrition and allergens

Allergens: Minerals: Ca, Fe, K, Mg Vitamins: A, D, E, K	
Nutritional value of one portion	Value
Energy	1334.7 kJ
Carbohydrate	39.2 g
Fat	69.2 g
Protein	141.2 g
Water	0 g

Directions

♦ Drain the bone-in pork chops, mix the powder and sauce evenly, and marinate with the pork chops

◇ Pickling time Pork chops need to be soaked overnight to fully absorb the flavor

♦ When using, take out the bone-in pork chops and absorb the water, return to room temperature and let it stand for making

 \diamondsuit Use a non-stick flat baking pan for frying, and oil the surface to make the surface crispy

Recommended accessories

