# Xinjiang Desert Skewers

Cuisine: Chinese

Food category: Lamb/Mutton





### Program steps

Preheating: 19

195 °C

1 **S** Combination

**5** 30 %



**3** 08:00 mm:ss

:ss







#### Ingredients - number of portions - 10

| Name        | Value | Unit |
|-------------|-------|------|
| leg of lamb | 2     | kg   |

#### marinade, seasoning

|  | Name              | Value | Unit |
|--|-------------------|-------|------|
|  | coriander seeds   | 20    | g    |
|  | soy dipping sauce | 5     | g    |
|  | RO water          | 80    | g    |
|  | spice oil         | 30    | ml   |

# Nutrition and allergens

Allergens: Minerals: Vitamins:

| Nutritional value of one portion | Value       |
|----------------------------------|-------------|
| Energy                           | 325.8<br>kJ |
| Carbohydrate                     | 0.6 g       |
| Fat                              | 18.4 g      |
| Protein                          | 38.3 g      |
| Water                            | 0 g         |

## Directions

- $\diamondsuit$  Marinate the mutton evenly with spice oil and marinade, massage by hand for 10 minutes
- ♦ Refrigerate and marinate for at least 24 hours before use
- $\diamondsuit$  Use a grill to cook, and the air convection is heated more evenly during the process
- $\diamondsuit$  Do not sprinkle seasoning powder before baking, take out the powder after half of the time left to avoid over-burning

#### Recommended accessories







