


# Creamy Cabbage Gratin

Cuisine: **Chinese**  
Food category: **Side dishes**



Author: **Gary CHIU**  
Company: **Retigo Asia**



## Program steps

Preheating: 195 °C

1

 Combination

 50 %

 Termination by time

 12:00 mm:ss

 180 °C

 80 %



Ingredients - number of portions - 5		
Name	Value	Unit
bacon diced	80	g
minced garlic	15	g
onion	60	g
pak choi	800	g
RO water	100	ml
gouda cheese	30	g

seasoning recipe		
Name	Value	Unit
milk 3.5%	300	ml
whipped cream 33%	30	g
plain wheat flour	25	g
salt	5	g
freshly ground black pepper, ground	5	g

Nutrition and allergens	
Allergens: 1, 7 Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn Vitamins: A, B, B6, C, Cholin, D, E, K, Kyselina listová	
Nutritional value of one portion	Value
Energy	232.2 kJ
Carbohydrate	9.1 g
Fat	18.5 g
Protein	4.6 g
Water	0 g

Directions

◇ Stir-fry the bacon first until the aroma is released, sauté minced garlic and onion until fragrant, add Chinese cabbage and stir-fry for a while

◇ Add water, cover the pot and cook for 5 minutes, add seasoning and bacon, and put it in the baking pot

◇ Melt butter in a hot pot over low heat, add flour and stir fry until fragrant, continue to fry until cooked

◇ Add milk and cook until the flour is completely melted, then add a little pepper to enhance the taste

◇ Pour the cooked white sauce on the cabbage and mix well, then sprinkle cheese on the surface

◇ Reduce the wind speed to achieve a uniform golden-yellow baked surface, and the corners will not be burnt black

## Recommended accessories



Stainless wire shelving