baguette

Cuisine: German Food category: Pastry

Program steps

Pr	eheating:	255 °C														
1	See Combin	ation	٥	35	%	Ø	Termination by time	Ø	00:05	hh:mm	8 °	240	°C	+	100 %	X
2	}}} Hot air		+	100		Ø	Termination by time	Ø	00:15	hh:mm	₿ ≎	180	C	- -		x
					%		ume						°C		%	

Ingredients - number of portions - 8

Name	Value	Unit
water	330	ml
plain wheat flour	500	g
fresh yeast	0.01	g
salt	0.01	g
honey	0.02	g
munich malt	100	g

Directions

- Dissolve yeast in warm water.
- Add half of the flour and honey and knead into a dough.

- Mix the remaining flour with salt and baking malt and spread on the dough.

- Let rise until visible cracks appear in the flour.
- Knead into a dough.
- Portion 100g of dough and shape into baguette rolls.

Nutrition and allergens

Allergens: 1 Minerals: Vitamins:	
Nutritional value of one portion	Value
Energy	222.5 kJ
Carbohydrate	45.6 g
Fat	1.3 g
Protein	6.9 g
Water	0 g

