

Brioche buns

Cuisine: French

Food category: Pastry



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Company: Retigo



Program steps

Preheating: 170 °C

1 Combination 40 % Termination by time 00:25 hh:mm 150 °C + 100 %

Ingredients - number of portions - 15

Name	Value	Unit
fresh yeast	58	g
salt	30	g
fine durum wheat flour	2.25	kg
water	1	kg
chicken eggs	4	pcs
vegetable oil	320	g
caster sugar	150	g

Nutrition and allergens

Allergens: 1, 3

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

Vitamins: A, B, C, D, E, K, Kyselina listová

Nutritional value of one portion	Value
Energy	775.2 kJ
Carbohydrate	119.6 g
Fat	22.9 g
Protein	18.1 g
Water	0 g

Directions

Combine water, eggs and yeast in a large planetary mixer.
 Add the flour, sugar and oil continue to mix on low speed for 5 minutes.
 Add the salt and continue to mix for another 5 minutes.
 Transfer to a large container and bulk ferment for 1 hour.
 Perform strength-building fold and allow to rise for a second hour.
 Portion out the dough into 230 g balls.
 Shape into round balls and leave to rise for 20 minutes.
 Brush with an egg wash & bake

Recommended accessories

