Retigo Combionline | Cookbook | Pastry 18.7. 2022

Fruit biscotti with nuts

Cuisine: Other

Food category: Pastry





Program steps

1	}	100 9	%	Termination by time	② 00:30	hh:mm	∂ ≎ 150	°C - 70	%	\overline{x}
2	\$\$\$ Hot air	100 9	%	Termination by time	② 00:05	hh:mm	8≎ 150	°C 👍 70	%	X

Ingredients - number of portions - 30

Name	Value	Unit
plain wheat flour	500	g
caster sugar	500	g
chicken eggs	5	pcs
raisins	100	g
almonds	100	g
pistachio	100	g
dried apricots	100	g
hazelnuts	100	g
baking powder	12	g

Nutrition and allergens

Allergens: 1, 3, 8

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

Vitamins: A, B, C, D, E, K, Kyselina listová

Nutritional value of one portion			
Energy	211.7 kJ		
Carbohydrate	35 g		
Fat	5.8 g		
Protein	3.9 g		
Water	0 g		

Directions

Mix flour with sugar and baking powder in a bowl. Gradually add eggs and mix the dough. Then add dried fruit and nuts and mix well. Shape the dough into two loaves and place on a baking sheet lined with baking paper. Place in a preheated oven and bake at 150°C for 25-35 minutes, depending on the height of the loaves. Bake until golden brown.

Allow to cool slightly and cut into approx. 1 cm thick slices, which we place again on the baking sheet and roast for 5 minutes. Biscotti are excellent with coffee ice cream or just as tea biscuits.

Recommended accessories



