Retigo Combionline | Cookbook | Pastry 15. 7. 2022

# **Tarte**

Cuisine: French Food category: Pastry



Author: Retigo Team Deutschland Company: RETIGO Deutschland GmbH



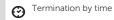
### Program steps

Preheating:

225 °C

Combination

**\( \)** 25





hh:mm









## Ingredients - number of portions - 6

Name	Value	Unit
plain wheat flour	250	g
water	120	ml
vegetable oil	3	pcs
salt	1	pcs
crème fraîche	50	g

### Nutrition and allergens

Allergens: 1 Minerals: Cu, Mg, P Vitamins: A, C, D, E, K

Nutritional value of one portion	Value
Energy	176.3 kJ
Carbohydrate	30.7 g
Fat	3.8 g
Protein	4.8 g
Water	0 g

#### Directions

Put all the ingredients in a bowl and knead into a homogeneous mass. Sprinkle the work surface with a little more and roll out the dough thinly.

Preheat the combi steamer and a thick AMT baking plate to 225°C. Spread the tarte flambée with crème fraîche and top it as desired, for example with:

- 1. bacon and green onions,
- 2. Blue cheese and pear,

Bake the tarte flambée for 3 minutes at 225°C in combination steam mode with the steam flap open, fan speed 80%, until golden yellow.

A cold topping is also possible, in this case the tarte flambée is only baked with crème fraîche and then topped with, for example

#### 3. Smoked salmon and rocket

The topping options are diverse and so this dish allows for a variety of seasonal and regional variations - other ideas include goat cheese / fig / walnut or pumpkin / feta / apple. The Alsatian classic is topped with onion rings and bacon.

#### Recommended accessories

