# Čevabčići

Cuisine: **Turkish** Food category: **Minced meat** 



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### Program steps



Pr	eheating:	230 °C					
1	<b>***</b> Hot air		<b> → </b> 100 %	O Termination by time	00:08 hh:mm	<b>₿</b> ≎ 220 °C	★ 100 %

## Ingredients - number of portions - 10

Name	Value	Unit
ground meat mix	2000	g
ground red pepper	100	g
white onion	300	g
baking powder	10	g
buckwheat	2	g
freshly ground black pepper, ground	0	g
garlic	100	g
water	100	ml
olive oil	50	ml

# Directions

Combine all the ingredients into a compact mixture and let it sit in the fridge. The flavors combine better and the mixture takes shape well. We shape with wet hands - most often into little rolls. Bake until golden on a GN grill.

#### Nutrition and allergens

Allergens:

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn Vitamins: A, B, B6, C, D, E, K, Kyselina listová

Nutritional value of one portion	Value
Energy	563.8 kJ
Carbohydrate	14.7 g
Fat	37.4 g
Protein	44.3 g
Water	0 g

# Recommended accessories

