

# Sweet yeast bread

Cuisine: **Italian**  
Food category: **Pastry**



Author: **Jaroslav Mikoška**


Company: **Retigo**




## Program steps

Preheating: 175 °C


1

 Combination


 40 %

 Termination by time

 01:00 hh:mm

 160 °C

 100 %



Ingredients - number of portions - 8		
Name	Value	Unit
dried baker's yeast	18	g
egg yolk	1	g
milk 3.5%	60	ml
caster sugar	3	g
manitoba flour	450	g
powdered sugar	125	g
chicken eggs	3	pcs
butter soft	170	g
salt	2	g
vanilla bean	1	pcs
powdered sugar	20	g

Nutrition and allergens	
Allergens: 3, 7	
Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn	
Vitamins: A, B, C, Cholin, D, E, K, Kyselina listová	
Nutritional value of one portion	Value
Energy	428.8 kJ
Carbohydrate	57.2 g
Fat	18.4 g
Protein	7.9 g
Water	0 g

Directions

1. In a mixing bowl, combine 50ml of the lukewarm milk with 15g of the yeast and 3g sugar

2. Combine 50g flour and whisk until fully combined

3. Cover and allow to rise at room temperature for an hour

4. In a smaller mixing bowl, melt the remaining 3g of yeast in 10ml of lukewarm milk and add to the risen mix

5. Add 100g of the sugar and 1 beaten egg to the risen mix

6. Transfer 200g of the remaining flour in a large mixing bowl

and make a well in the centre of it

7. Gradually pour in the risen mix and knead

8. Add 30g of the butter and knead until fully combined

9. Cover the dough and allow to rise for another hour

10. Knead in the remaining flour, egg, salt and vanilla

11. Flatten the dough, fold and allow to rise again until it has doubled in size

12. Chill the dough for 12 hours

13. Roll out the dough in a square shape and spread 140g of butter onto its centre

14. Fold the corners of the dough towards the centre

15. Roll out into a rectangle and fold in three

16. Chill for 20 minutes and repeat the folding another two times

17. Roll out the dough and shape into a ball

18. Place the dough into a cylinder mold and allow to proof at room temperature for an hour

19. Set the oven at 160°C on combi

20. Bake for an hour, dust with icing sugar and serve

## Recommended accessories



Enameled GN  
container