

Country chicken breast old english muffin burger

Cuisine: South-East Asian

Food category: Poultry



Author: Retigo Team Deutschland

Company: RETIGO Deutschland GmbH



Program steps

Preheating: 235 °C

1 Patties auflegen

| | | | | | | |
|-------------|------|---------------------------------------|-------|--------|--------|--|
| Combination | 25 % | Termination by core probe temperature | 58 °C | 225 °C | + 70 % | |
|-------------|------|---------------------------------------|-------|--------|--------|--|

2 Käse auf die Patties auflegen, Toasties auf die Grillplatte legen

| | | | | | | |
|-------------|------|---------------------------------------|-------|--------|--------|--|
| Combination | 25 % | Termination by core probe temperature | 72 °C | 225 °C | + 70 % | |
|-------------|------|---------------------------------------|-------|--------|--------|--|

Ingredients - number of portions - 6

| Name | Value | Unit |
|-------------------------------|-------|------|
| country chicken mince | 960 | g |
| old english muffin (toasties) | 6 | pcs |
| pak choi | 6 | pcs |
| peanut butter dressing | 120 | ml |
| carrot | 240 | g |
| cheddar cheese | 6 | pcs |

Nutrition and allergens

Allergens:

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

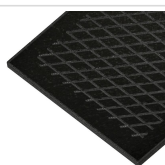
Vitamins: A, B, C, D, E, K, Kyselina listová

| Nutritional value of one portion | Value |
|----------------------------------|----------|
| Energy | 202.8 kJ |
| Carbohydrate | 4.4 g |
| Fat | 6.5 g |
| Protein | 37.2 g |
| Water | 0 g |

Directions

Preheat the combi steamer to 225°C with 25% humidity and 70% fan speed with a coated grill plate. Form 6 patties of 160g each from the minced mixture. Now place the patties on top and let them grill to a core temperature of 58°C, then place the cheddar on the patties and place the toasties on a baking plate and put them in the combi steamer. Now grill the patties to a core temperature of 72°C, then remove everything from the combi steamer, arrange and serve. Tomato slices, cucumber slices, onion rings, etc. can of course be used optionally.

Recommended accessories



Vision Grill