## Apple pie from the tray, mother's style

Cuisine: German<br>Food category: Desserts

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## Program steps

## Preheating: $165^{\circ} \mathrm{C}$



Ingredients - number of portions - 24


| Name | Value | Unit |
| :--- | :---: | :---: |
| plain wheat flour | 1 | kg |
| granulated sugar | 160 | g |
| chicken eggs | 4 | pcs |
| vegetable oil | 250 | ml |
| fresh yeast | 2 | pcs |
| milk 3.5\% | 500 | ml |


| Name | Value | Unit |
| :--- | :---: | :---: |
| apples | 2 | kg |
| granulated sugar | 100 | g |
| cinnamon | 5 | g |

## Directions

All ingredients should be at room temperature before processing Mix the yeast with a little lukewarm milk and a little sugar until everything is liquid and let it rise in a warm place until it has tripled in volume.
Sift the flour into a bowl, add the remaining sugar, the remaining milk, the eggs and the oil to a well. Add the risen yeast and knead everything well until the dough bubbles and comes away from the bowl. Cover the dough and let it rise in a warm place for another 3060 minutes.
Then knead well again and roll out and place on a coated baking plate ( $90^{\circ}$ angles and an approx. 20 mm edge are ideal here). Top with apple slices and sprinkle with cinnamon-sugar and let rise for another half hour. Baking time: Preheat: $165^{\circ} \mathrm{C}$
1st step: Hot air mode $0 \%$ residual moisture, fan speed $60 \%, 150^{\circ} \mathrm{C}$, vapor flap closed, 45 minutes. Step 2: Break for 15 minutes (or $3 \times 5$ minutes). Tip: You can also sprinkle this simple, classic apple cake with rum raisins before baking. The apple slices can be soaked in light lemon water beforehand to prevent them from oxidizing.

## Nutrition and allergens

Allergens: 1, 3, 7
Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn
Vitamins: A, B, C, Cholin, D, E, K, Kyselina listová

| Nutritional value of one portion | Value |
| :--- | :---: |
| Energy | 244.6 <br> kJ |
| Carbohydrate | 52.1 g |
| Fat | 1.2 g |
| Protein | 4.9 g |
| Water | 0 g |

Recommended accessories


