

# Potatoes boiled in their skins

Cuisine: Czech

Food category: Side dishes



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## Program steps

Preheating: 99 °C

1	Steaming	Termination by core probe temperature	93 °C	99 °C	50 %	
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## Ingredients - number of portions - 10

Name	Value	Unit
potatoes	2100	g

## Nutrition and allergens

Allergens:

Minerals: Ca, Cu, Fe, I, K, Mg, Mn, P, Zn

Vitamins: B, C

Nutritional value of one portion	Value
Energy	184.8 kJ
Carbohydrate	39.9 g
Fat	0.4 g
Protein	4.2 g
Water	0 g

## Directions

Pour the well-washed potatoes into a perforated GN and cook on the indicated program.

Insert the temperature probe into the largest potato.

After cooking, the potatoes can be cooled with a shower.

## Recommended accessories



GN container Stainless steel perforated