

# Roasted intestines and plantains

Cuisine: Czech

Food category: Minced meat



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Company: Retigo



## Program steps

1	Combination	50 %	Termination by time	00:20	hh:mm	155 °C	+ 80 %	
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## Ingredients - number of portions - 10

Name	Value	Unit
morning glory in the intestines	1200	g
intestines in the gut	1200	g
pork lard	100	g

## Nutrition and allergens

Allergens:

Minerals: Ca, Co, Cu, Fe, I, K, Mg, Mn, Na, P, Zn

Vitamins: A, C, E

Nutritional value of one portion	Value
Energy	653.6 kJ
Carbohydrate	22.8 g
Fat	50.7 g
Protein	32.4 g
Water	0 g

## Directions

Place the intestines and the breadcrumbs in an enameled GN greased with lard and bake on the specified program.

## Recommended accessories



Enameled GN container